# CAPTAlN'S FAVOURITE FEAST <br> $\$ 58$ per person 

Select a choice of 3 salads and 2 entrees.
Dinner will include seasonal vegetables and a choice of 1 starch and 1 type of bread. and a Chef's selection of desserts and coffee and tea.

## SALADS

## Classic Caesar

romaine hearts, garlic croutons and shaved grana padano, tossed in our house-made classic Caesar dressing.

Vegan Caesar
baby kale, garlic croutons, tossed in our Vegan Caesar dressing with nutritional yeast. (VE)


#### Abstract

Gathered Greens leafy greens, heirloom cherry tomatoes, toasted pumpkin seeds, fresh arugula and dried cranberries.


 driod cranberres.(VE)

> Heirloom Potato Salad
> heirloom potatoes, pickles, celery, spring onion, fresh herbs mixed with a dill vinaigrette.

Asian Noodle Salad rice noodles with shredded carrots, baby bok choy, snap peas, bell peppers, red onion, cilantro and wonton chips, finished with a sesame ginger dressing.
(VE)

## Green Goddess Pasta Salad

bow tie pasta, arugula, baby kale, snap peas, cucumbers, jalapeno, fresh basil and spinach, topped with pumpkin seeds, crispy shallots topped with pumpkin seeds, crispy shallots
and our signature Green Goddess Dressing.
(VE)

Mediterranean Chickpea Salad
cucumber, cherry heirloom tomatoes, red onion, chickpeas, kalamata olives, bell peppers topped with feta cheese and a lemon/thyme vinaigrette. (V)

# CAPTAIN'S FAVOURITE FEAST 

## ENTREES

Grass Fed Beef Tenderloin<br>with a demi glace.

Seared Chicken Breast<br>marinated in olive oil, lemon juice, garlic<br>and fresh rosemary.

## Wild BC Salmon Fillets

served in a beurre blanc sauce with fresh dill and capers.

## Atlantic Cod

lightly floured, seasoned and pan seared and accompanied with our house-made tartar sauce and lemon.

## Prosciutto/Swiss Chard Rolls

prosciutto, Swiss chard, roasted red peppers, provolone cheese and pesto, rolled up and baked with drizzle of balsamic reduction.

## VEGETARIAN OPTIONS

## Stuffed Bell Pepper

a roasted red bell pepper, stuffed with wild rice, sauteed garlic, onions and vegetables, finished with crispy shallots. (VE)

## Leek and Mushroom Galette

creamy leeks, cremini mushrooms and spinach, with fresh herbs and pecorino cheese. (V)

Cheesy Polenta a rich, cheesy polenta with heirloom cherry tomatoes, garlic confit and caramelized onions.
(V)

## Cauliflower Steaks

 cauliflower steaks in a marinade of olive oil, lemon juice, cumin, garlic and onions topped with nutritional yeast.(VE)

## Select 1

- Roasted potatoes with fresh rosemary and olive oil.
- Mash potatoes with butter and cream.
- Wild rice medley.

Select 1

- Artisan rolls and butter.
- Cheddar and jalapeno cornbread with honey butter.


## *Additional salad \$5 per person *Additional entrée \$10 per person

